



## CHINESE AMERICAN FOOD SOCIETY

### Quarterly Newsletter

Volume 21, No. 2

May, 1999

The Chinese American Food Society (CAFS) newsletter is published quarterly by CAFS for its members. Contributions of articles, news or suggestions are most appreciated, and should be sent to CAFS Newsletter Editor: Dr. Keshun Liu, email: [keshun.liu@monsanto.com](mailto:keshun.liu@monsanto.com) fax: 870-673 2838.

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## About CAFS

The Chinese American Food Society (CAFS) was founded in 1975 by a group of Chinese food science professionals residing in North America, with a mission to promote advancement of food science and technology through common cultural and scientific interests. With years of efforts, CAFS has now grown to be an organization of more than 300 members, including life members, regular members, and student members. There is a high level of cooperation and genuine friendship among its members. As an old Chinese idiom indicated, strength and power can only be generated through cooperation. With your participation and support, CAFS can grow better and stronger.

## How to Join CAFS?

It is as easy as ABC. Just fill out the application form at the back of this newsletter. Then, along with your annual due payment by your check payable to CAFS, send it to:

Dr. Hongda Chen, Dept. of Nutrition and Food Sci. University of Vermont, 306 Terrill Hall, Burlington, VT 05405

The CAFS welcomes you to join in anytime!  
The sooner, the better.



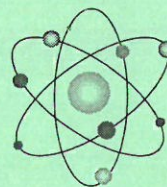
## Website for CAFS

A CAFS website has been created for you to access via Internet, with the help of our web masters: Drs. John Shi and Andrea Su and of our past president, Dr. Yen-con Hung. The web address is

**<http://www.griffin.peachnet.edu/cafs>.**

There is also an alternative address:

**<http://www.uoguelph.ca/~jqvan>.** Anyone is welcome to visit the website. Even if you are not a member, you can still access to most information on the site, and can even sign up for joining the society.



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## Statement of Position

The Chinese American Food Society (CAFS) is a non-political and non-profit organization dedicated to the scientific and professional betterment of its members. The members of CAFS wish to interact with all scientists based on common cultural and scientific interests. CAFS takes no political stand or preference. Selection of materials for all CAFS publications is based solely on the scientific content and general interest. Any inadvertent connotation should not be deemed as the official position of CAFS.



**Editorial Note**

Spring is over and Summer is here. The 99 IFT annual meeting (Chicago, July 24-27) is only more than two months away. So is our CAFS annual banquet.. In preparing many exciting activities for our CAFS members to participate before or during the meeting, many of our current and past CAFS leaders and some volunteers have been very busy behind the scene. First, this year is the 25th anniversary of founding of the Chinese American Food Society. To celebrate this great event, our Long Range Planning Committee, headed by Canty Ang, Daniel Fung, and Yao-wen Huang, will kick out the activities in this coming IFT Annual Meeting, including publishing a Commemorative Book and displaying Awards, old issues of the CAFS Newsletters, and other items related to our Society from the Members during the Meeting. To have these activities, the Committee is requesting all the members to support (see details on Page 7). Second, Amos Wu, our president-elect, has made an excellent arrangement for our annual banquet. All members and their guests are

welcome to participate. Now it is the time to reserve your tickets (Page 5). Third, our immediate past president, Yen-con Hung, has recruited some candidates and prepared a ballot for 1999 annual election for CAFS officers. The ballot and biography of candidates are posted in Page 5. All the CAFS members are encouraged to vote and return ballot to Yen-con at his address specified.

During the meantime, Sam Wang, our president, is working hard to coordinate the International Conference on Oriental Foods, to be held in Beijing, Oct. 11-15, 1999. CAFS is one of the sponsoring organizations and quite a few CAFS members are invited to be session co-chairs. The meeting program is attached with this issue of newsletter. It is still not too late to participate. Also, as usual, Dr. I-Pin Ho, from time to time, continues to forward me position announcements. A few current ones are posted in this issue. A few other good-wishing members are credited here for taking time to contribute some excellent articles, which are also included in this issue.

Finally, it is my great pleasure to work with you as the CAFS newsletter editor for the past fiscal year. Thanks all for your supports as contributors and/or readers. ----- Keshun Liu

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**Table of Contents**

Message from President---Sam Wang ..... 2  
News: Midwest Chinese American Science & Technology Association Annual Meeting ..... 2  
What Can I Do For CAFS? Yun-Hwa Peggy Hsieh ..... 3  
Announcement: CAFS Annual Banquet, Rei-young Amos Wu ..... 4  
1999 CAFS Annual Election of Officers: Official Ballot, Yen-Con Hung ..... 5  
Biography of candidates, Yen-Con Hung ..... 6  
Announcement: Celebrate the 25th Anniversary of the Chinese American Food Society  
Cathy Ang, Daniel Fung, and Yao-wen Hung ..... 7  
Financial Report by CAFS treasurer, Hongda Chen ..... 8  
Call for nomination for CAFS Professional Scientist Award, Yong Hang ..... 9  
Call for Application for CAFS Student Scholarship Program, Yong Hang ..... 9  
Dr. Daniel Fung’s view on volunteerism ..... 10  
Member profile: Dr. Rei-young Amos Wu ..... 12  
Mongolian and Tibetan Foods and Beverages Cathy Ang ..... 13  
Position Announcement: forwarded by Dr. I. Pin Ho and Dr. Sam Wang ..... 15  
CAFS Membership Application/Renewal Form ..... 16  
CAFS Officers for 1998/1999 ..... Back cover

## Message from President---Sam Wang



Over the past few months, your Society has been making progress in a very important activity. As you know, we were invited, along with IFT, to co-sponsor the International Conference on Oriental Foods (ICOF'99) to be held from October 11 to 15, 1999 in Beijing, China. CAFS has played a key role to bring together the efforts of the two North American Food Societies to promote this conference. With the help of Dr. Martin Lo, CAFS's Conference and Workshop Committee Chair, the English announcement was finalized and printed for distribution in North America and around the World. IFT will publicize the meeting in the Food Technology magazine. Your personal copy is attached with this newsletter.

A number of CAFS members have been appointed as co-chairs of the technical sessions in this conference. I hope more members will take this opportunity to submit a paper for oral presentation or poster session before the deadline (May 31, 1999). This conference may turn out to be the most significant gathering of leaders in oriental food development in many years to come. It will not only benefit your professional career, but also enrich your life's experience as a tourist in a rapidly changing land. Our next task is to sign up North American food companies to join the Quality Food Product Exhibit.

CAFS is approaching its 25th anniversary. A special publication will be prepared to commemorate our 25 years in operation. Dr. Yao-Wen Huang and his LRP committee members are to be credited for this effort.

Each year, an election is held to select our new officers for this Society. Please exercise your right to vote for these candidates with full-hearted support. I wish we had more candidates for each office, but this is not always possible. You will read about some member's viewpoints and an amendment in By-Laws on nomination may be triggered. Nevertheless, when I serve as the nominating chair next year, I will openly solicit voluntary candidates for various offices if the By-Laws are not amended in time.

Our Society has an excellent webpage and has a hyperlink on the IFT website. Continuous efforts will be made to link up with more websites in other areas and attract food science students from campus. Please visit your own webpage from time to time.

Since last June, CAFS has received quite a few new member applications in the mail. I wish to welcome every one who joined, and thank those who had a part in bringing the new members into our Society. I also encourage our new members to get involved in various committees whenever you can.

The 1999 IFT convention is almost here again. A very good dinner meeting has been planned by Dr. Amos Wu, our President-Elect and Annual Meeting Committee Chair. The announcement and registration form are in this issue. Please make your reservation early and come to meet your friends in Chicago.

### **News: Midwest Chinese American Science & Technology Association Annual Meeting**

The St. Louis-based Midwest Chinese American Science & Technology Association (MCASTA) will hold its Annual Conference in the Doubletree Hotel Annual Meeting Conference Center at St. Louis Chesterfield, on June 11-13, 1999. The theme of the 1999 Conference is "New Millennium: Review and Prospect." Oral or poster sessions planned for the Symposium will include: 1) life science, 2) food technology, 3) computer and information science, 4) art, social science and literature, 5) current Asia political and economic development, and 6) overseas Chinese language education. Panel discussions on job market and career planning and youth science program will also be conducted.

For more information, please visit [www.scanews.com/mcasta](http://www.scanews.com/mcasta) or contact Dr. Kwang-Chung Hou, Protein Technologies Int'l. Tel. 314 982-1293. [Khou@protein.com](mailto:Khou@protein.com).

## What Can I Do For CAFS?

Yun-Hwa Peggy Hsieh

The Chinese American Food Society (CAFS) is a growing and exciting society for students and professionals in the food science and technology related field. Since its founding in 1975, CAFS has been dedicated to the mission of promoting the advancement of food science and technology through its common cultural and scientific interests. Today CAFS has more than 300 members who are actively engaging in the various aspects of food science and technology in educational institutes, industries, business, and government agencies around the world. Elected officers and volunteers are committed to improving member services each year. Things that CAFS has been doing for us are summarized as follows:

1. Quarterly Newsletters: Timely information on the activities in the society is published in CAFS newsletter quarterly. Contents include news on technological advance, matters of common interest, and the usual updates of who, what, when, and where.

2. Website: The explosion of internet use has allowed CAFS to launch an impressive presence on the World Wide Web at <http://www.griffin.peachnet.edu/cafs>. The website contains updated information on CAFS programs, newsletters, and a directory. It serves as a convenient tool for communication and information dissemination among members and nonmembers.

3. Membership Directory: Periodically updated directory facilitates communication and interaction among members. Each member's interest or specialty is listed. This directory is available both as a book and on Web page.

4. Annual Meeting, Forum and Workshop: The CAFS Annual Meeting and Banquet held during the IFT Annual Meetings is the highlight of CAFS activities, which promotes the proactive spirit among members. Symposiums co-sponsored by IFT and student workshops are organized for exchange of scientific ideas and sharing of professional experiences.

5. Employment Service: Job announcements are made known to all members through our newsletters, e-mail, Website, and personal contact.

The annual meeting is often the best place to obtain employment opportunities on spot.

6. Technical Consultation and Exchanges: CAFS members would provide services to companies or organizations inside or outside the U.S. upon request. Also, CAFS promote technical exchanges with scientists around the world.

7. Awards and Scholarships: Each year several awards are offered to honor outstanding professional and student members for their achievement. Scholarships are available to selected winners from high school students, undergraduate students and graduate students. CAFS also contributes to graduate assistantship to qualified individuals.

In addition to the above services that CAFS provides for us, one can find a keen spirit of cooperation and warm friendship among members. As we are ready to step into the next millennium, this is the time that each one of us may ask ourselves "Now, what can I do for CAFS?"

There are several opportunities: Since our continued involvement as active members of CAFS is crucial to continued success of the society, the first thing to do to show support to CAFS is paying the annual dues of \$20 (\$10 for student members). These small dues provides CAFS with many valuable services, which just reflects the excellent financial management talent of our Chinese culture. If you know any faculty, post doctoral fellows, students, and professional friends who should be members of the society, please encourage the individual to join the membership. As the July CAFS Annual Meeting approaches soon, now is the time to reserve banquet tickets for you and your guests. You may take a moment to contact someone about CAFS meeting and/or membership today.

CAFS is made up of PEOPLE. Its stated purpose is to impact people, those who serve and those who are being served. CAFS is constantly looking for volunteer. Please introduce yourself to the chair or any committee members in person at the meeting, or via e-mail, ground mail, voice mail and fax and contribute your talent and experience to help upgrade and expand the services of CAFS to members. You are promised to be a winner.

**Announcement: CAFS Annual Banquet**  
 Rei-young Amos Wu



I have consulted with several executive committee members and concluded that the best place is Lee Wing Wah Restaurant at the new section of Chicago China Town. The restaurant provides good seafood with reasonable price. It is only about 6 yr. old, located with newer stores near train station and the China Town parking lot. For a few lucky people, it may also be possible to park right around the building parking lot. It is a favorite banquet place for Chicago area American Chinese associations. The owner is also kindly enough to allow us to use the whole upstairs dinning area, which can hold more than 200 people, good privacy, microphone and all. The

following section is my summary of the banquet arrangement. I sincerely welcome all CAFS members and their guests to participate this event.

Time: July 26, Monday; 5:45 to 9:15 p.m.  
 Place: Lee Wing Wah Restaurant, Chinatown Square, 2147 South China Place  
 Cost: (A Price Rollback)

1. Every guest coming to our banquet will be awarded with a business card case (measures 4 1/8 X 5 1/4open).
2. There will be an area at the dining room for commemorative photos and literature display to celebrate the 25th year of CAFS --- More detail to follow by LRP Committee (Cathy Ang, Daniel Fung & Yao-wen Huang). 1. Addition of " " to 8:00 - 8:30 Presentation, as indicated in the above text.

3. The tentative agenda for the banquet is:

- 5:45 - 6:30 Registration, Social Hour 6:30 - 8:00 Dinner
- 8:00 - 8:30 Presentation: Celebration of the 25th Year of CAFS
- 8:30 - 9:15 Recognition, Door Prizes & Final Comments

4. Menu

- Fish & Crab Soup
- Lobster Baked with Ginger & Onion
- Salt and Spicy Giant Crab
- Crispy Skin Chicken
- Sauteed Shrimp, Scallop, Cuttlefish
- Steamed Oysters (10 each table) in Black Bean Sauce Mushrooms, Bok Choy, and Sea Cucumber
- Salt and Spicy Spare Ribs
- Steamed Seasonal Fresh Fish
- Dessert

Vegetarian dishes are also available upon request.

5. Dinner cost

	Before 6/30	After 6/30
Member & Spouse:	\$20/each	\$25/ea
Nonmember & Spouse:	\$25/ea	\$30/ea
Students and children under 12	\$12/ea	\$15/ea

5. To reserve ticket(s) for CAFS annual banquet, please file out the following cut-off form, and send it along with a check payable to CAFS to:

Dr. Hongda Chen, CAFS treasurer  
Dept. of Nutrition and Food Science  
University of Vermont, 306 Terrill Hall  
Burlington, VT 05405 Tel: 802 656-0140, email: hchen@zoo.uvm.edu

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime phone No.: \_\_\_\_\_ Email address: \_\_\_\_\_

Category:	Member & spouse	Nonmember & spouse	Students and children under 12
No. of reservation:	_____	_____	_____
Sub ticket cost:	_____	_____	_____
Total ticket cost	_____		

-----cut off-----

### 1999 CAFS Annual Election of Officers Official Ballot

President-Elect (Elect One)

----- Dr. Yun-Hwa Peggy Hsieh (Auburn University)  
----- (Write-in candidate)

Secretary (Elect One)

----- Mr. Kenny Chuang (Dixon Tom-A-Toes Co. Inc.)  
----- (Write-in candidate)

Treasurer (Elect One)

----- Dr. Albert Y. C. Hong (Kraft Foods)  
----- (Write-in candidate)

Executive Committee Directors (Elect Two)

----- Dr. Fu-hung Hsieh (University of Missouri)  
----- Dr. Diana Yun-Yun Hao (Novus International)  
----- Dr. Keshun Liu (Monsanto)  
----- (Write-in candidate)

Please mail the above ballot in a signed envelope before June 20, 1999 to:

Dr. Yen-Con Hung  
CFSQE, The University of Georgia  
1109 Experiment St.  
Griffin, GA 30223-1797

## BIOGRAPHY OF CANDIDATES (1999-2000)

Kenny Chuang is the Quality Assurance Manager at Dixon Tom-A-Toe Co., Inc. Kansas City, Kansas since February 1995. He received his B.S. degree from Food Science and Technology Department at Virginia Tech. in 1992 and M.S. degree in Food Science from Kansas State University in 1995 with a major in Food Microbiology under Dr. Daniel Y.C. Fung. He is currently working part-time on his MBA degree at the University of Kansas. He is also very active at IFT and has chaired the Kansas City Session of IFT from 1997-98 and currently serving on the Budget Committee of the Marketing and Management Division of IFT. He was the newsletter editor for CAFS from 1996-98 and currently is the Secretary and Directory editor for CAFS.

Diana Yun-Yun Hao received her Ph.D. from Department of Food Science and Technology, University of Georgia in 1991. She worked as a research associate at the Center for Food Safety and Quality Enhancement, University of Georgia after graduation. During her time in Georgia, she was actively involved in local affiliates of both IFT and IAMFES. Other than serving as the secretary for Dixie section of IFT (1997-1998), she also served in local arrangement teams when annual meetings of IFT and IAMFES were held in Atlanta. She is currently working for Novus International in St. Louis, Missouri.

Y.C. Albert Hong received his M.S. and Ph.D. degrees in Food Science and Chemical Engineering from University of Minnesota in 1985 and 1989. He also received an MBA degree in General Management from Lake Forest Graduate School of Management in 1996. He is professional members of IFT, and AIChE, and a member of CAFS Executive Committee. Dr. Hong joined Kraft Foods in 1990. He is experienced in both basic research as well as new product development. He is currently an Associate Technology Principal in the New Meals Division.

Fu-hung Hsieh is a Professor in the Depts. of Biological and Agric. Engineering and Food Science and Human Nutrition at University of Missouri-Columbia. He holds BS and MS degrees in Chemical Engineering from National Taiwan University and Syracuse University, respectively, and a Ph.D. in Food Science from the University of Minnesota. He was associated with the National Research Council Canada, Canadian Grain Commission and The Quaker Oats Company before joining the University of Missouri in 1987. His research interests include developing extrusion technology to improve nutritive and functional properties of foods and feeds, increasing values and exploring new

uses for by-products from food and feed industries. He has served as a principal investigator for more than 50 sponsored research projects and has advised 12 doctoral and 25 master's students. He holds four U.S. and Canadian patents and has published more than 90 refereed research papers and book chapters. He received the Gamma Sigma Delta Distinguished Award in 1992, Gold Chalk Award for his excellence in graduate teaching in 1995, Chancellor's Award for Outstanding Research in 1998. He was recognized as an Outstanding Teaching Professor in 1994 and 1995.

Yun-Hwa Peggy Hsieh, Associate Professor, Department of Nutrition and Food Science, Auburn University receives B.S. in Nutrition and Foods from Fu Jen University, Taiwan; M.S. in Food Science from Purdue University; and Ph.D. in Food Science from Florida State University. She has been an active IFT member since 1983, and first joined CAFS as a student member in 1985. She has served as an Executive Committee member in CAFS for the past two years. She teaches graduate and undergraduate courses of Food Science including Food Analysis and Quality Control, Food Product Development and Advanced Food Science: Protein and Fat. Her areas of research include muscle food proteins and immunochemistry.

KeShun Liu, a manager of Soyfoods Laboratory, Monsanto Global Seed Group, received his B.S. degree in horticulture from Anhui Agricultural University, Hefei, China, in 1982, and M.S. and Ph.D. degrees in Food Science from Michigan State University in 1986 and 1989, respectively. Upon graduation, he did 3 years postdoctoral work at the University of Georgia. From there, he moved to his current industrial career. Keshun is well known for his expertise on legume and oilseed chemistry, particularly on soybeans and soyfoods, with respect to storage, processing, utilization, and improvements. He has more than 30 publications, including the two new reference books: *Soybeans: Chemistry, Technology, and Utilization* (author/editor, 1997, Aspen Publishers Inc.) and *Oriental Foods: Science and Technology* (with co-editors: Cathy Ang and Yao-wen Huang 1999, Technomic Publishing Co.) He is a frequent speaker at meetings of Institute of Food Technologists (IFT) and American Oil Chemists' Society (AOCS). He is also a member of American Chemical Society (ACS) and a member of Arkansas Biotechnology Association (ABA). Under the AOCS Protein & Co-products Division, he served as an industrial representative for the past two years. Currently, he serves as a book/publication representative for the Division. He also serves as the newsletter editor for the Chinese American Food Science.





**Announcement: Celebrate  
the 25th Anniversary of  
The Chinese American Food Society**

Cathy Ang, Daniel Fung, and Yao-wen Hung

To celebrate the 25th Anniversary of the Chinese American Food Society, the Long-Range Planning Committee will kick out the activities in this coming IFT Annual Meeting in Chicago July 24-27, 1999. The Committee will have following activities to request all the members to support:

I Publishing a Commemorative Book:

Cathy Ang, Dan Fung and Yao-wen Huang will be in charge of the compiling and editing. The content will cover the milestones and big events of the CAFS during the quarter decade from 1975 to present.

A. Yao-wen Huang will take the responsibility of collecting the materials through all the members' effort. Please loan your old issues of CAFS Newsletters and Membership Directories to him. Of course, he will return all the items after uses. The contributors will be credited for citation. The mailing address for him is Department of Food Science and Technology, University of Georgia, Athens, GA 30602-7610. You may e-mail him the CAFS Events that you remembered at [huang@arches.uga.edu](mailto:huang@arches.uga.edu). His phone number is 706-542-1092 and fax number is 706-542-1050.

B. Cathy Ang will be in charge of fund-raising for the CAFS through solicitation of the advertisement from our members. The members' own company, employed company, or personnel thought, etc. The minimal suggested donation is set as follows:

- a. \$100 for one page size
- b. \$50 for half page size

Please send Cathy with camera-ready design for the publication. You can contact Cathy Ang at [cang@nctr.fda.org](mailto:cang@nctr.fda.org). Her phone number is (870) 543-7400 (office) and the correct FAX number is (870) 543-7686 (office). She can also be reached at my home phone or FAX at (501) 868-7705 or e-mail to [peng816@aol.com](mailto:peng816@aol.com) (home PC).

Daniel Fung will be in charge of compiling a list of achievement, awards and honors of all our members. This is a record of our members' contribution and performance in north America and even in the world. By doing this two separate activities you need to participate in. For inclusion in the Book, please list your most important achievement at a maximum of 10 items. The LRP Committee will categorize into five categories, naming (A) Professional awards and honors, (B) Intellectual properties (patents, books), (C) Community outreach (leadership in civic organization), (D) Leadership development (leadership in professional organization), and (E) Personal choices.

When list is an Award, please send the following information:

- a. Name of the award
- b. Date and name of the organization giving the award

Examples:

Daniel Y.C. Fung. 1999. Fellow of the International Academy of Food Science and Technology. International Union of Food Science and Technology. Sydney, Australia.

Daniel Y.C. Fung. 1997. International Award. Institute of Food Technologists. Orlando, FL.

Daniel Y.C. Fung. 1993. Distinguished Service to Agriculture Award. International Gamma Sigma Delta -- the Honorary Society of Agriculture.

Cathy Ang. 1999. Fellowship of the Institute of Food Technologists, IFT, Chicago, IL.

As Daniel said, this is NOT the time to be modest!! He would like to have as many award announcement as possible. Do not be shy even if the award is more than 20 years old!!

Please send information to Daniel Fung at [dfung@oz.oznet.ksu.edu](mailto:dfung@oz.oznet.ksu.edu). His phone number is 785-532-1208 and the fax number is 785-532-5681.

In addition to the publication of Commemorative Book, the Committee will have other important activity.

II. Display of Awards, old issues of the CAFS Newsletters, and other items related to our Society from the Members During the IFT Annual Meeting:

Please bring your Awards in the past 25 years to the International Lounge during the IFT Annual Meeting. The Committee will display these items on Sunday and Monday, and then move them to the CAFS banquet. Daniel Fung will be the Leader to assure the security of these Treasures. Since you will loan the old issues of IFT Newsletters to Yao-wen Huang, he will bring these Newsletters to the Display. For other items, Cathy Ang will be the Leader to organize for display.

The Committee need your support to have your information by June 25, 1999.

**Chinese America Food Society Financial Report as of April 30, 1999**

Previous Balances as of May 31, 1998	
CD Account	\$10,000.00
Money Market Account	\$5,050.38
Checking Account	\$5,326.96
Total asset:	\$20,377.34
Income	
Membership dues	\$480.00
Banquet registrations	\$2,030.00
Interests (Money Market Account)	\$210.29
Subtotal	\$2,720.29
Expenses	
98 annual meeting	\$579.51
Banquet payment	\$3,000.00
Membership brochure printing	\$110.00
Newsletter #1 and #2, 98-99	\$498.86
Subtotal	\$4,188.37
Total balance on May 31, 1998	\$18,909.26
Asset Distribution	
CD Account	\$10,000.00
Money Market Account	\$5,260.67
Checking Account	\$3,648.59
Total	\$18,909.26

Respectively submitted,

Hongda Chen, Treasurer, CAFS

### Call for nomination for CAFS Professional Scientist Award

**Purpose:** To recognize a professional member for his/her outstanding contributions to the field of food science and engineering, as it relates to teaching, research, extension, administration, or leadership in the food industry.

**Eligibility:** Active CAFS members only

**Award:** The winner receives a cash prize, a commemorative plaque, and an invitation to the award ceremony at the CAFS annual banquet.

**Nomination:** Please submit a nomination letter, current resume, and other supporting material to:  
Professor Yong D. Hang  
Department of Food Science and Technology, Cornell University, Geneva, New York 14456  
Tel:315-787-2265, Fax:315-787-2284, E-mail:ydh1@cornell.edu

**Deadline:** June 25, 1999

### Call for Application for CAFS Student Scholarship Program

**Purpose:**

- 1.To stimulate students to engage in food research
- 2.To promote excellence in communication of scientific methods
- 3.To encourage excellence in communication of research results
- 4.To develop self-confidence and professionalism in communicating scientific knowledge

**Eligibility:**

- 1.High school scholarships are available to the children of active CAFS members who are attending their senior high school year. Winners are selected based on their academic records and extra-curricular activities.
- 2.Undergraduate student scholarships are available to undergraduate students who are enrolled in food science and technology programs or in areas related to food science and technology. Winners are selected based on their academic records, recommendations, and extra-curricular activities.
- 3.Graduate student scholarships are available to graduate students who are enrolled in food science and technology programs or in areas related to food science and technology. Winners are selected based on their submission of an abstract for presentation at the IFT Annual Meeting.

**Awards:** All winners receive a cash prize, a commemorative plaque, and an invitation to the award ceremony at the CAFS annual banquet.

**Application:** Applicants are required to submit a letter of application, current resume, academic transcripts, and other supporting material to:

Professor Yong D. Hang  
Department of Food Science & Technology, Cornell University Geneva, New York 14456  
Tel:315-787-2265, Fax:315-787-2284, E-mail:ydh1@cornell.edu

**Deadline:** June 25, 1999

## **Dr. Daniel Fung's view on volunteerism**

*Editor's note: As the editor for Journal of Rapid Methods and Automation in Microbiology, Dr. Daniel Fung, an internationally well-known food scientist, wrote an article about volunteerism for the journal (Vol. 6, 1998). In this article, he used himself as a good example explaining why do some people volunteer and what rewards they could receive. With current situation of lacking volunteers in CAFS, it is timely and significant to reprint his article in this issue of CAFS newsletter.*

### **EDITOR'S CORNER**

#### **Volunteerism in Professional Societies**

Not long ago I completed my seven years of serving on the Annual Programs Committee of American Society for Microbiology and this summer I completed my three-year term as an Executive Committee Member of the Institute of Food Technologists. Both of these positions were highly demanding of time and energy, both in actual meeting sessions in various cities and communication, reading, and evaluating of issues at the home office. These have prompted me to comment on the issue of volunteerism in professional societies.

There is a decline of volunteerism because everyone is busy in all kinds of urgent professional work to keep up with demands in productivity in one's job. "Do more with less" is the current battle cry in offices around the country. So, where does volunteerism come into play in one's profession?

#### **Why Do Some People Volunteer?**

I belong to about 16 professional and honorary societies and at any one time I am active in about 4 or 5 of these societies. Sometimes I wonder why I spend so much time in these activities. The following are my observations.

#### **Professional Advancement in Knowledge and Contacts**

Professional societies and honorary societies were established because groups of people felt that they have common interests to promote similar ideals and goals. Once the group is formed volunteers are needed immediately. Without volunteers the society will not develop. Similarly, without volunteers the society will not exist!! By sharing similar expertise and experiences, advancement in knowledge will be fostered. Many societies have scholarly publications and newsletters and help keep the members informed on progress in the field. By being active one will gradually make more and more contacts in the profession which will eventually help one's personal growth. It seems to me that being a volunteer in your favorite organization is an *obligation* to help the organization to survive and prosper.

#### **Leadership Training and Experiences**

People have different abilities to lead. Some are born leaders. Others are born followers. In every organization you will find some people just shine as leaders. For many people learning to be a leader in a professional society can lead to skill improvement on the job as well. I firmly believe that the experience I gained in professional societies makes me a better professor in dealing with university committee meetings, debates, and program planning and execution. Observations

on how effective leaders operate will improve ones own performance on the job.

### **Networking**

What better place than a professional society to network with ones peers? One can obtain new information, discover job opportunities, cultivate business contacts, make new friends and reacquaint with old ones. National, regional and local meetings provide one with a rich arena to share ones viewpoint and learn from other's wisdom in the profession. Being a volunteer will enhance and enrich one's professional sphere of influence. There is no doubt that networking in professional societies will help advance one's professional status. I helped many students and friends to find good jobs through professional society contacts.

### **Professional Recognitions**

Although winning awards and honors should not be the goal of volunteerism, it does not hurt to be recognized once in awhile. Sometimes even in scholarly competitions, those more active in the society have a better edge than the less active ones because committee members recognize the active volunteers more readily. Of course winning some prestigious awards in professional societies will bring honor to your institution, university, or company which may indirectly help your yearly evaluation by your supervisor.

### **Step Forward To Lead**

Once in awhile in the course of the development of a society someone must step forward to lead. I was involved with a lukewarm section of a society some years ago. The group was going downhill rapidly. Even though I was busy I could not help but step forward to lead the group. I actually served as the chair for 3 years and eventually helped the group to become more active. This type of volunteerism is similar to being driven by an invisible force to resurrect a desperate situation!

### **Self Satisfaction**

Perhaps for me, self satisfaction is the greatest reward in volunteerism. I volunteer not for fame and glory but to serve an organization that I believe is providing a meaningful service to a particular discipline. After I have completed a task or a leadership role where I worked hard and was successful I feel very pleased and know that I have helped advance the organization just a little bit further on the long-range goal. I gladly hand over the job to the next generation of volunteers and wish them well and will lend my support at a distance.

In conclusion, I believe if we join a society or an organization we should try to be active and should view volunteerism as an integral part of one's membership.

### **Someone Must Volunteer or Nothing Will Be Done**

The problem with me is that I have not learned how to say "No" and as a result I am a perpetual volunteer of more activities than I can remember — maybe I am over-volunteered!! So, if *YOU* volunteer then I won't have to volunteer as much.

Have a great volunteer life!

DANIEL Y.C. FUNG  
Editor

**CAFS Membership Application/Renewal Form**

Name (English) \_\_\_\_\_ (Chinese) \_\_\_\_\_

Professional affiliation \_\_\_\_\_

Business address: \_\_\_\_\_

Business phone No. \_\_\_\_\_ Fax. No. \_\_\_\_\_

Email address: \_\_\_\_\_

Residence address: \_\_\_\_\_

Resident phone (optional): \_\_\_\_\_

Preferred correspondence address (circle one): Business or Residence

Current position: \_\_\_\_\_

Area of Interest: \_\_\_\_\_

Education (list all college degrees, year granted, and institution graduated from)

Membership due for calendar year: \_\_\_\_\_

- \_\_\_\_\_ Regular member due \$20
- \_\_\_\_\_ New member due: \$10
- \_\_\_\_\_ Student member due \$10
- \_\_\_\_\_ Life member \$300 one time payment
- \_\_\_\_\_ Corporate member \$250

Please make check payable to Chinese American Food Society, and mail to:

Dr. Honda Chen  
Dept. of Nutrition and Food Science  
University of Vermont  
Burlington, VT 05405

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**Student Application Verification form**

Name of University \_\_\_\_\_

Faculty Name \_\_\_\_\_

Faculty phone \_\_\_\_\_

Faculty signature \_\_\_\_\_

## Officers of CAFS for 1998/1999

<b>President</b>	Samuel L. Wang	王樂同	905-641-0669	sltwang@yahoo.com
<b>President-elect:</b>	Amos Wu		847-304-2181	Ryaw43@aol.com
<b>Past-President:</b>	Yen-Con Hung	洪延康	770-412-7739	Yhung@cfsqe.griffin.peachnet.edu
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